

Amendments to the Specification

Please replace the paragraph on page 5, lines 2-8,
with the following amended paragraph:

a kneading step in which the material mixture is kneaded until becoming viscous and then massive due to viscosity, thereby being formed into a ~~primary~~-massive forming material, a forming step in which the ~~primary~~ massive forming material is formed into a ~~secondary~~ number of grains of forming material, and thereafter into a sheet of forming material, and a rolling step in which the ~~secondary~~ sheet of forming material is rolled into a thinner sheet shape.